

Spring 2012
Volume 2, Issue 3



COMPASSION IN ACTION—USA



Recognizing the *dignity* of *EVERY* person

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Our Mission

*Compassion In Action—USA is committed to providing personal advocacy services to our community members who are struggling with a health-related crisis. We will provide assistance to each person until they have received the medical services and disability benefits they are eligible for, so they may live in **dignity**.*

What We Do

We provide advocates to assist those in our communities who are seriously ill through the process of acquiring Social Security, SSI Disability, and other needed services.

We Can Help!

(626) 967-6800

Compassion Announces Its 2011 Partner of the Year!

Compassion In Action has proudly named American Health and Wellness Institute (AHWI) as its 2011 Partner of the Year!

Barbara Case, President of Compassion in Action, explains, “For us to help our clients get the services that will help them the most, we first need an accurate documentation of the challenges they are facing. AHWI has been fantastic about working with us to provide cognitive testing that will ultimately lead to patients getting the appropriate treatments they need and deserve.” Compassion is very excited that AHWI has opened an office in our building so that they can better serve our clients!

Angela Singh, CEO of AHWI, made the following statement when she heard that AHWI had been selected as our Partner of the Year. “We are very pleased to lend our expertise to Compassion in Action and are extremely honored to be named its Partner of the Year for 2011. We aspire to be more than just a clinic that serves local citizens. We want to be part of the fabric and a true partner to the community as a whole.”

AHWI was presented with this award at our *Igniting Hearts! Restoring Lives! Fundraising and Recognition Luncheon* on February 4. See page 4 for our scrapbook of the event!

AHWI has operated a full-service mental health evaluation and treatment clinic in Ontario, California for the past year. The mission of AHWI is to enhance health and wellness, by fostering hope, through the mindful delivery of services. AHWI works across an array of different areas and clinical settings including nursing homes, group homes, community centers, forensic settings, hospitals, schools and homes. AHWI also provides consultative services to assist organizations and systems improve or enhance their service development, implementation, and outcomes.

For more information:
www.ahwinstitute.com
3200 Guasti Road, Suite 100
Ontario, CA 91761
Phone: (909) 456-1479
info@ahwinstitute.com



Letter From Our President

Dear Friends:

Spring has sprung and summer vacation time is right around the corner. For those of you in our community that are suffering from a debilitating physical or mental illness, a change of season doesn't necessarily bring needed change, but Compassion is here to support you and foster change in your life!

Our new partnership with American Health and Wellness Institute (AHWI) is supporting our efforts to make that change. Not only does AHWI offer mental health treatment and therapy, but also documentation to support disability claims. AHWI has opened an office in the same building as Compassion's office, and the response to having these services available has been overwhelmingly positive from our past, present and prospective Compassion clients. Many Compassion clients have already received approval of their Social Security disability claim because of documentation from AHWI! Referrals to AHWI can be directed to their Ontario office (information is on the front page of this newsletter) or to our Compassion office. We want to thank AHWI for adding the Covina office to better serve Compassion's clients.

In addition to our partnership with AHWI, we also have invaluable partnerships with our volunteers, community-based businesses, financial donors, and our dedicated board of directors. Together we are able to provide services to our clients so they can live with *dignity!*

Please have a safe and relaxing summer, and know that change is possible!

Sincerely,

Barbara

Barbara Case



YOUR SUPPORT IS VITAL TO OUR SUCCESS

Please send your tax
deductible donations to:



COMPASSION IN ACTION
PO Box 383
San Dimas, CA 91773

PayPal & Credit Card donations
can be made on our website:

www.compassioninaction.us

We are a 501(c)3 Non-Profit
E#61-1422369

Compassion Has Been In Action!



February 4, 2012

Compassion's Annual Fundraising Luncheon, San Dimas

February 11, 2012

Workshop - Masjid Gibrail Mosque, San Gabriel

March 1, 2012

Workshop - Parent's Place, West Covina

March 28, 2012

San Gabriel Consortium Schools and Homeless
Workshop, West Covina

April 13, 2012

Workshop - Tzu Chi Foundation, El Monte

April 21, 2012

E-Waste Fundraising Event - Covina

April 24, 2012

Panelist - "Discharging Homeless Patients: San Gabriel
Valley Hospitals Connecting with Homeless Service
Providers" Conference, Arcadia

April 29, 2012

Parent's Place 20th Anniversary Information
Fair and Festival, Covina

Inspiring Volunteerism!

My name is Nancy Rawlings, and I am a mother of four adult children, two sets of different generations (two of which are still at home) a grandmother of four, a fulltime litigation secretary in downtown Los Angeles, and a volunteer for Compassion in Action (Compassion).

I was recently asked to share my story and experience as a volunteer with Compassion for this newsletter. At first I was not interested, but then I thought that perhaps someone may be inspired to volunteer if I did share.

In the last four years, I have been through a number of personal challenges. I have struggled with my own physical health challenges and a serious downturn to my family's income. I've also had to witness my loved ones struggle with disease and the process of accepting their mortality, and had to grieve the loss of my loved ones. Within the twelve month period of 2008, I lost my mother and her two sisters to various cancers and traumatic illnesses that we knew of and others that were a total shock. In June 2009, I lost my only sister to ovarian cancer (14 months after her diagnosis). She fought a very good fight and I was privileged to have been able to be supportive to her through her journey.

Through the Volunteer Match website, I met Barbara Case and I found that my life skills were a perfect match for Compassion. I started my volunteer service with Compassion in November 2011, and initially volunteered because of personal experiences with hospice personnel who helped my father, mother and sister through personal crisis. But over time, I realized that Compassion is filling a personal void in my life. Truthfully, I volunteer for very selfish reasons, mostly to stop my own depression and self-pity tendencies.

At my workplace I am a team player and find this skill is beneficial and helpful at Compassion's office. The hours I spend volunteering have been flexible for me and

that was my ultimate reason for starting and staying with Compassion. As the months have gone by, I am more drawn to continuing to volunteer for Compassion because of the work they do for the homeless and those who are less fortunate than I. Today, it is I who feels fortunate to have been of some help in the mission that Compassion in Action accomplishes for its clients.

I hope someone is inspired by my story and seeks to volunteer for this wonderful organization. They sure need more help.

Thank you, Nancy



We thank Nancy for sharing her story and hope she has inspired you to volunteer at Compassion in Action!

TO VOLUNTEER:

<http://www.compassioninaction.us/info.html>

THANK YOU TO OUR VALUED VOLUNTEERS!

Stephanie Dasalla
 Lauren DeSilva
 Peter Enriquez
 Vanessa Myers
 Nancy Rawlings
 Tina Schiltz
 Elton Williamsen
 Kassidee Williamsen



Our Scrapbook of Igniting Hearts! Restoring Lives!

February 4, 2012



Board Member Khryste Langlais assisting with setting up the room.



Barbara Case (far right) presenting Dr. Christopher Cooper (left to right) and Dr. Michele Archambeault with Compassion's 2011 Partner of the Year Award.

D'Ron Henry provided wonderful music throughout the afternoon.



Our guests enjoying the event!



THANK YOU

*To Ben Johnson for
capturing our day in
pictures!*



Thank You To Our Valued Donors!

To those of you who financially support Compassion In Action, and take the opportunity to walk with us hand-in-hand. As a donor partner, your financial donation provides the dollars needed to accomplish our mission of making a difference. Your donations allow us to successfully win approval of the cases we represent and to acquire and provide medical services, food, and other essential needs of our clients during the application process. We are committed to acknowledging the difference your partnership and compassionate giving is making. Together we provide Compassion and Action!

Maxine Coleman
Wendy Dang
Frank Detone
John and Tania Doran
Debbie Eddington
James and Marci Ellison
Christine Fall
David Fischer
Dorothy Gadlin
Glenkirk Presbyterian Church
Candace Goennier
Colleen Good
Jeri Holmes
Barbara Johnson

Ben and Cindy Johnson
Walter and Andrea Lack, Jr.
Judith Larrabee
La Shawn Love
Helen Marshall
James Moody
Dana Navarro
Mike and Linda Parker
Tage and Jodi Peterson
Mary Romero
Brent and Nancy Schellin
Mary Thomson
Dean and Debi Wilson

A special thank you to the following businesses who consistently donate their services to Compassion!

Quality Instant Printing, San Dimas, CA
ER Graphics, San Dimas, CA
Computer Specialists (CSI), Anaheim, CA
Shane Krenz (IT Specialist), Corona, CA
Southern California Edison



Take the opportunity to walk with us hand-in-hand by donating today!

<http://www.compassioninaction.us/donation.html>

I Count My Blessings Every Day and Thank God for Bringing Compassion into my Life.

My name is RoseMary and I live in Phoenix, Arizona. I have never even met Barbara Case and yet, she and Compassion have made a tremendous difference in my life. Thirty-one years ago my life was changed forever as a result of childbirth and a previous miscarriage. Due to the chemical changes my body experienced in pregnancy and giving birth I developed severe OCD, (Obsessive Compulsive Disorder). I worked myself ragged trying to cope with motherhood, working and dealing with my illness.

My husband left me twice before we were divorced twenty years ago and my family handled it in pretty much the same way, so I've been very much alone in my journey except for my daughter. Decades of doctors, therapists and drugs left me with no where to turn for relief or aid of any kind.

In the past few years my condition has worsened due to increased chemical changes caused by menopause. I have fought hard to just be normal but my illness is very debilitating (excessive cleaning, depression & other phobias) and I was unable to function on any level. People close to me convinced me that at this time in my life, I desperately needed to make a change and apply for SSDI. I was promptly denied as I knew I would be because who can possibly understand this illness? At this point, my daughter, living in LA was randomly handed a business card from someone who didn't know where she got it from or why she had it. Of course, it was for Compassion and everything changed after that.

I called Compassion the next day and my advocate knew instantly what I needed and how to help me. She was very compassionate and understanding of my condition and situation. All I did was provide her with the paperwork that I had already filed and some new forms that I simply faxed or mailed to her. I was so impressed just from talking on the phone with her knowledge, experience and her concern for me, even when she was overworked, backlogged and ill herself.

In a short time after receiving Compassion's filing, I was approved for SSDI. It was a huge shock to me because I had always been ridiculed and blamed for my illness and now I finally had something that would make all the difference in the world. I count my blessings every day and thank God for bringing Compassion into that exact moment in my life. I continue to pray for Compassion in Action so that they may continue to do God's work and touch the people who so need to feel His healing touch.

"I AM COMPASSION IN ACTION" Key Ring and Necklace!

Display your compassion with our Compassion Puzzle Piece. Compassion assists in the restoration of our clients' lives one piece at a time. By purchasing our puzzle pieces, you help us in this process!



"I AM COMPASSION IN ACTION" Key Ring
\$10.00 each tax included



"I AM COMPASSION IN ACTION" Necklace
\$10.00 each tax included

PLACING AN ORDER IS AS EASY AS 1, 2 OR 3!

1. Call (626) 967-6800, or
2. Email us at puzzle@compassioninaction.us, or
3. Cut this out and mail to
PO Box 383, San Dimas, CA 91773

_____ "I AM COMPASSION IN ACTION" KEY RING
Number of key rings

_____ "I AM COMPASSION IN ACTION" NECKLACE
Number of necklaces

Credit card, check or money order accepted.

Shipping Costs
1-4 pieces \$2.00
5-10 pieces \$4.00
11+ pieces \$8.00

YOUR PURCHASE IS TAX DEDUCTIBLE!





A Program of the California Public Utilities Commission

CALIFORNIA LIFELINE PROGRAM

Did you know... that Medicaid / Medi-Cal participants automatically qualify for telephone discounts with the California LifeLine Program?



1 Program-Based:

TWO WAYS TO QUALIFY

Automatically qualify if you or another household member is already enrolled in one of the following programs:

1. Medicaid/Medi-Cal
2. Women, Infants and Children Program (WIC)
3. Healthy Families Category A
4. Low-Income Home Energy Assistance Program (LIHEAP)
5. Supplemental Security Income (SSI)
6. Federal Public Housing Assistance or SectioCalFresh, Food Stamps, or Supplemental Nutrition Assistance Program (SNAP)
7. National School Lunch Program (NSLP)
8. Temporary Assistance for Needy Families (TANF):
 - ⇒ California Work Opportunity and Responsibility to Kids (CalWORKS)
 - ⇒ Stanislaus County Work Opportunity and Responsibility to Kids (StanWORKS)
 - ⇒ Welfare-to-Work (WTW)
 - ⇒ Greater Avenues for Independence (GAIN)
9. Tribal TANF
10. Bureau of Indian Affairs General Assistance
11. Head Start Income Eligible (Tribal only)

The **California LifeLine Program** provides discounted basic home phone service to qualified households, helping consumers lower the cost of their home phone bills.

You can have **unlimited local calls for less than \$7 a month.**

MAKE THE CALL

Start saving...call your Local Home Phone Company and ask for the California LifeLine discounts!

FOR MORE INFORMATION



866-272-0357

2 Income-Based:

Household Size	Annual Income Limits
1 or 2 members	\$24,000
3 members	\$28,200
4 members	\$34,000
*Add \$5,800 per person for each additional person after four people. Effective from 06/01/09 thru 05/31/12	

Our Board of Directors

Elected July 16, 2011

PRESIDENT

Barbara Case, *Disability Advocate*

DIRECTOR OF RESEARCH & DEVELOPMENT

Dana Navarro, *Vice President Human Resources*

SECRETARY & VOLUNTEER REPRESENTATIVE

Rowena Marquez, *Advocate*

CLIENT REPRESENTATIVE

Robin Lines

TREASURER

Colleen Good, *Accountant*

BOARD MEMBER

Khryste Langlais, *Business Owner*

BOARD MEMBER

Helen Marshall, *Retired Teacher*



COMPASSION IN ACTION—USA
PO BOX 383, San Dimas, CA 91773

Have you ever needed help for yourself and you didn't know who to call AND no one seemed to care?

WE DO!

Phone: (626) 967-6800

Fax: (626) 967-6833

Email: info@compassioninaction.us

We're on the Web!

www.compassioninaction.us

Recognizing the *dignity* of EVERY person!